



Biotechnology, Molecular Medicine and the Future Evolution of Healthcare

Dr. George Poste, Chief Scientist, Complex Adaptive Systems Initiative Arizona State University

Keynote Address: Invest NorthWest Conference Seattle, 17 March 2009

A Few Current Challenges for the US Healthcare System

- \$2.3 trillion dollar expenditures (2007)
- 16% of GDP (\$1 in every \$7)
- highest per capita expenditure in OECD
- \$510 billion cost of chronic disease
- 2 million annual hospital-acquired infections
- 2.5 million hospitalizations due to adverse Rx reactions
- highly variable treatment patterns
- slow diffusion of best practices
- no reserve capacity for disasters, epidemics or pandemics

Market Distortions and Perverse Incentives in Modern Healthcare Delivery

- focus on late-stage disease detection and intervention
 - high cost
 - low reversibility
- multiple reimbursements for fragmented (siloed) care versus integrated management of patient needs
- illness versus wellness
- inadequate social and economic incentives for wellness
- uniform dissatisfaction
 - payors, physicians, patients, politicians

Healthcare Costs are Unevenly Distributed

- 0.5% patients consume 25% of healthcare budget
- 1% consume 35%
- 5% consume 60%
- 10% consume 70%
- 75% of cost is for patients with chronic diseases

Source: Healthcare Reform Now G. Halvorson, Chairman and CEO Kaiser Foundation Health Plan and Hospitals Wiley, NY 2007 p.2

Global Health: Understanding the Implications of Major Economic and Environmental Dislocations

























The Strategic Future of Healthcare

Economic Unsustainability

Reform and Rational Care

Confronting the Imbalance Between Infinite Demand and Finite Resources

Reasonable Expectations for Rational Healthcare

- what works
- why it works
- who it works for
- what works best
- when should it be used optimally

- validated evidence
- mechanism of action
- personalized medicine
- comparative effectiveness
- best practice guidelines, standard-of-care and malpractice



Complex and Pervasive Problems in Healthcare with No Easy Solutions

- different 'value' metrics for different constituencies
 - patients, physicians, payors, politicians
- public expectations and populist politics
 - zero-cost, zero-risk = zero care
- lack of transparency in costs, billing and reimbursement
- anachronistic institutional mechanisms for national health policy debate

CHANGING MINDS AND CHANGING BEHAVIORS

The Quest to Achieve a \$634 Billion "Health Reform Reserve Fund"



Senator M. Baucus
D. Montana



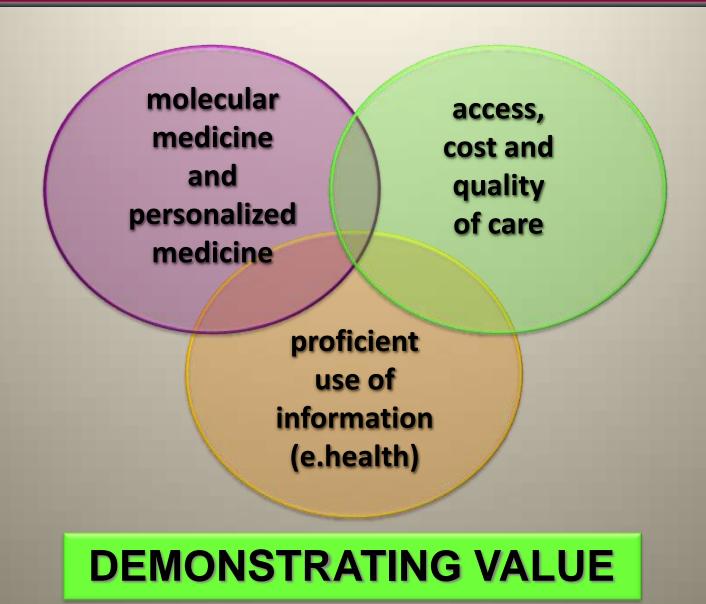
Douglas W. Elmendorf Congressional Budget Office Director

"Cost savings estimates developed by CBO will "make or break" prospects for healthcare reform"

Pink Sheet 2 March 2009

- incentives for 'leaner insurance packages
- revised cost sharing in Medicare
- bundling Medicare hospital and post-acute-care payments
- FOBs
- Medicaid drug rebate and lower Medicare Advantage (MA) increases
- competitive MA bidding and direct negotiation for Rx discounts

The Three Forces Shaping the Evolution of Healthcare



The Strategic Environment for Healthcare: New Value Propositions

- prospering in an environment of increasing constraints
- managing the limit(s) of society's willingness and ability to pay for innovation
- controlling costs while enhancing quality and outcomes
- building new alliances to optimize value-driven outcomes
 - integration of Dx, Rx, Ix
 - reliable information drives rational decisions

The Strategic Environment for Healthcare: New Value Propositions

- social and economic value of reducing disease burden will rise
 - earlier disease detection and mitigation
 - rational Rx and guaranteed outcomes
 - integrated care management of complex chronic diseases
 - extension of working life
 - disease patterns in emerging global markets mirror G8 nations

Personalized medicine: Key Drivers



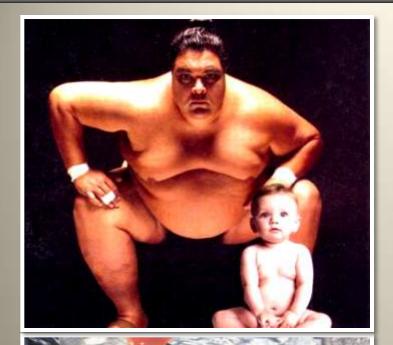


Science

Policy

Cost and Outcomes

Ignoring The Obvious in Clinical Practice

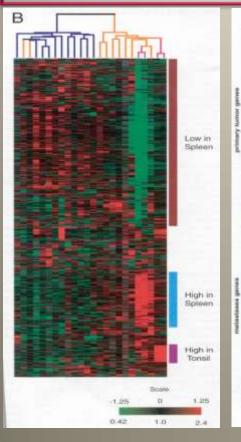


- diseases are not uniform
- patients are not uniform
- a "one-size fits all" Rx approach cannot continue

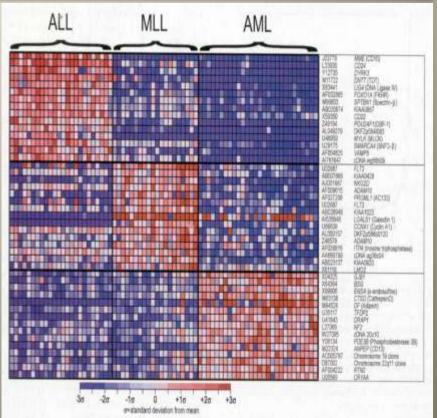


- inefficiency and waste of empirical Rx
- cost of futile therapy
- medical error and AEs

Molecular Diagnostics and Biomarkers: The Fundamental Technology Platforms For Molecular Medicine and the Future Healthcare Value Chain







US Healthcare Costs

administration 35%

personnel costs 35%

• procedures 18%

• drugs 12%

in vitro diagnostics 0.01%

diagnostic tests influence 85% of clinical actions

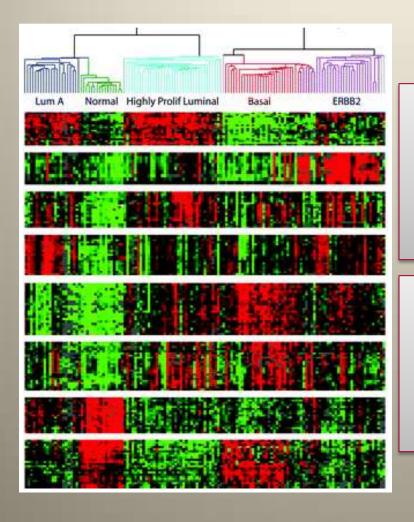
The Evolving Market for (Bio)Pharmaceutical Therapies



- empirical "one-size-fits-all"
- population-based Rx

- Rx targeted to patient subgroups with common molecular pathology
- Dx-Rx combinations and Rx labeling
- individualized Rx
 - relevant disease subtype
 - AE risk profiling
 - compliance monitoring
- integrated framework of coordinated care and longitudinal care

Targeted Therapeutics: Identification of Subtypes of Disease with Different Molecular Pathologies

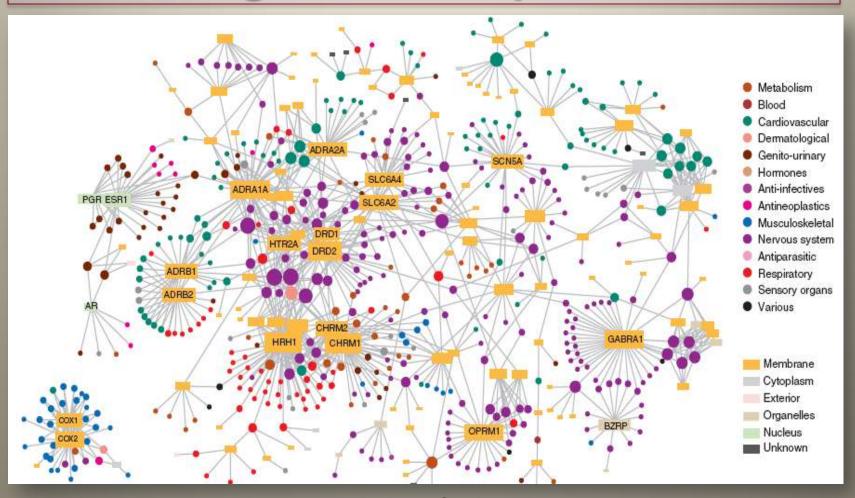


right Rx for right disease subtype

Dx – Rx combinations

Personalized Medicine: The Initial Era

Targeted Therapeutics



Drug-Target Networks for FDA Approved Rx

Molecular Diagnostics, Disease Subtyping and Pharmacogenomics

"Riches in the Niches"



- right diagnosis, the first time
- right Rx selection, the first time
- rise of Dx-Rx combination
- Rx approval and labeling/reimbursement only with obligate Dx?

Molecular Diagnostics and Targeted Therapeutics

- premium pricing for predictable Rx outcomes
- pay-for-performance (P4P)



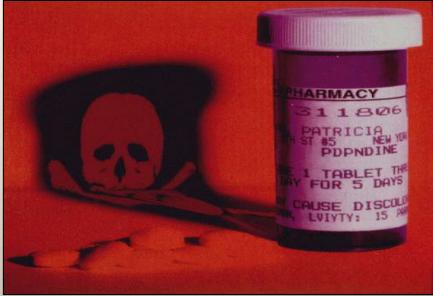


Personalized Medicine: The Initial Era: Targeted Rx

- opening era in linking disease molecular pathology to rational Rx
- increasing payor, regulatory and public pressures for reliable ID of Rx-responsive patients
- demand for Dx-Rx combinations will intensify
- Dx-Rx combination will become an obligate element of NDA/BLA submission and product labeling
- development of Dx-Rx combinations as intrinsic components of R&D programs for investigational Rx

Pharmacogenetic Predisposition to Adverse Drug Reactions





- 1.5 to 3 million annual hospitalizations (US)
- 80 to 140 thousand annual deaths (US)
- est. cost of \$30-50 billion



REMS:

Risk Evaluation and Mitigation Strategies

Product	Manufacturer
Plenaxis (abarelix)* for prostate cancer	Praecis
Lotronex (alosetron) for irritable bowel syndrome	Prometheus
Letairis (ambrisentan) for pulmonary arterial hypertension	Gilead
Tracleer (bosentan) for pulmonary arterial hypertension	Actelion
Clozaril (clozapine), Fazaclo ODT (clozapine) for schizophrenia	Novartis, Azur and generics
Tikosyn (dofetilide) for atrial fibrillation/atrial flutter	Pfizer
Soliris (exulizumab) for paroxysmal nocturnal hemoglobinuria	Alexion
Ionsys (fentanyl hydrochloride)*, Actiq (fentanyl citrate) for pain	Alza, Cephalon
Accutane (isotretinoin) for acne	Roche and generics
Revlimid (lenalidomide) for myelodyslplastic syndromes and multiple myeloma	Celgene
Mifeprex (mifepristone) for pregnancy termination	Danco
Tysabri (natalizumab) for multiple sclerosis and Crohn's disease	Biogen Idec/Elan
ACAM2000 (smallpox vaccine, live)	Acambis
Xyrem (sodium oxybate) for daytime sleepiness and cataplexy	Jazz
Thalomid (thalidomide) for multiple myeloma and leprosy	Celgene
* Plenaxis and Ionsys are currently not marketed in U.S.	

Pink Sheet (2008) 31 March, p. 7

The Ever Expanding Domain of AE Monitoring

32 "The Pink Sheet" March 2, 2009

Social Media: Ignorance Not Bliss For Pharma, DIA Panelists Say

Drugmakers must start monitoring adverse event data and product discussions on the Internet or run the risk of facing legal scrutiny, marketing specialists said at a Feb. 25 Drug Information Association conference in New York City.

Drug companies, for the most part, have shied away from online marketing mediums like blogs and chat rooms because regulatory oversight in the area remains so unclear, but "pleading the fifth" is no longer an option, Novo Nordisk Associate Director of E-Marketing Craig DeLarge said.

controversy even before it is properly reviewed. But while determining how best to monitor adverse events online remains a trial and error process for now, companies cannot afford to avoid it, the panelists agreed.

Innovative Marketing Opportunities Abound

Despite challenges, social media also presents innovative marketing opportunities. Some of the firms that best engage with consumers and physicians online moderate their own venues, including Web sites, blogs, social networking groups and YouTube channels.

The Regulatory Climate for Extended Clinical Trials and (Dis)Incentives for Investment

14 "The Pink Sheet" March 2, 2009

VCs Think Twice About Type 2 Diabetes Investments

Venture capitalists are reevaluating type 2 diabetes investments in light of daunting new regulatory hurdles and an economic climate that limits their ability to cash out of such companies in a timely fashion. But, say some VCs, truly innovative compounds may be worth the bigger R&D bills and longer time to exit given the dazzlingly large market at stake.

As part of the general economic malaise, endowments and institutions have much less to invest in venture capital ("The Pink Sheet" DAILY, Jan. 5, 2009).

Paoli, chief medical officer at privately-held startup InteKrin Therapeutics in Los Altos, Calif.

Diabetes costs generally range from \$15,000 to \$30,000 per patient. As a rough guide, Phase III expenses are likely to rise by from 25 percent to 50 percent, he estimates. Added expenses for drugs used in lower-risk patients with early stage disease – such as dipeptidyl peptidase 4 inhibitors – will be much higher than for medications used later, such as glucagon-like peptide 1 agonists and insulin.



Alert 7/24/08

 update labeling for Abacavir (Ziagen) to require pre-therapy screening for HLA-B*5701 allele to avoid fatal hypersensitivity

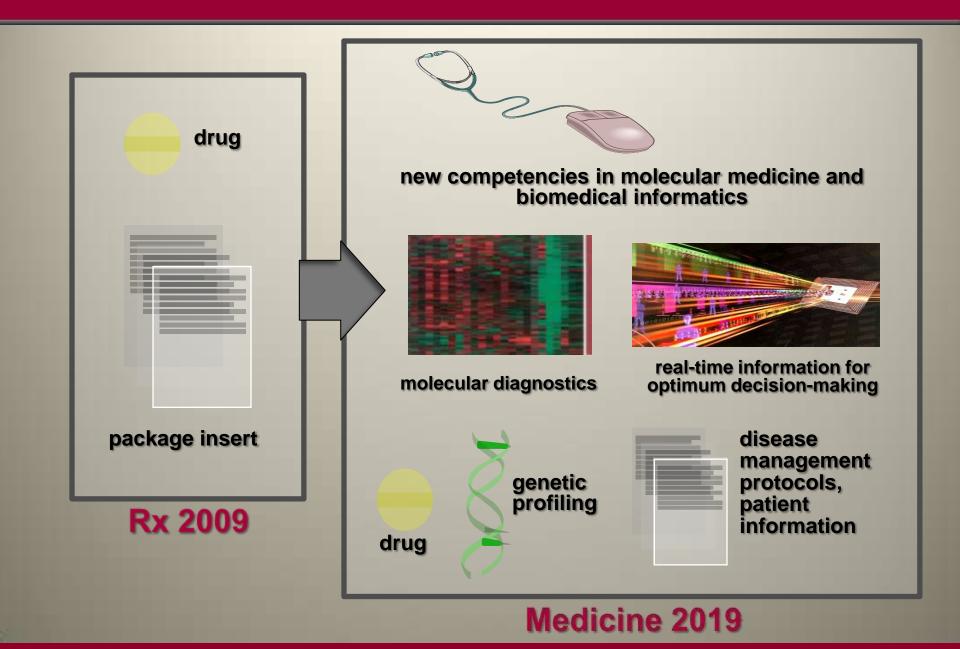




Table of Valid Genomic Biomarkers in the Context of Approved Drug Labels

http://www.fda.gov/cder/genomics/genomic_biomarkers_table.htm

The Evolution of Molecular Medicine and Information-Based Medicine: The Foundation for Rational Care and Personalized Medicine



Deriving Value from Biomarkers and Molecular Diagnostics

- useful only when correlated with additional parameters
 - clinical outcomes
 - clinical utility
 - actionable information
 - demonstrable economic value

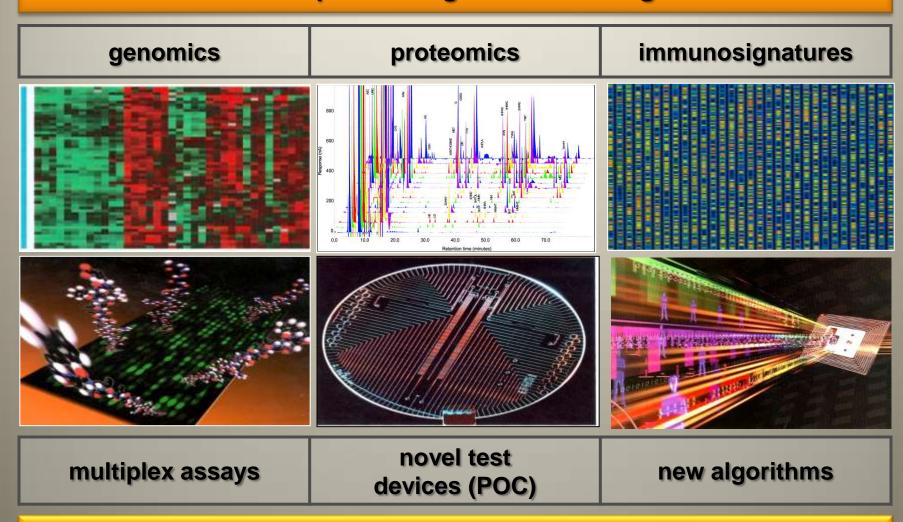
Molecular Diagnostics and Biomarkers for Personalized Medicine

The Validation Challenge

- technical sophistication (novel multianalyte tests)
- scale (size of case: control cohorts)
- analytical standards
- interpretation algorithms for complex multivariate datasets and probabilistic risk
- clinical utility and health benefits
- economic benefits
- regulatory oversight

Development of Molecular Diagnostics and Biomarkers for Personalized Medicine: The Need for End-to-End R&D Solutions

Complex Biosignature Profiling



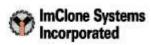
Signature Detection, Deconvolution and Multivariate Analysis

Next-Generation Molecular Diagnostics and New Patterns of Regulatory Oversight

K-RAS Profiling and Anti-EGFR Monoclonal Antibody Therapy

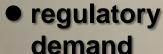






 greater response in patients with K-RAS versus mutant-









estimated \$604 million/year savings (ASCO)

clinical guidelines



regulatory inertia (ODAC 12/08)







payor adoption

In Vitro Diagnostic Multiplex Index Assay (IVDMIAs)

- patient-specific result (score or index)
- analytical/interpretational algorithm non-transparent to end user
- result cannot be independently derived or confirmed by another laboratory without access to proprietary information used in the development and derivation of the test
- unresolved ambiguity for validation
 - retrospective data
 - retrospective: prospective data
 - Prospective trials

Genetech Citizen Petition to the FDA on Laboratory-Developed Tests (LDTs)



"request FDA regulatory jurisdiction over all LDTs"

December 2008



"Genetech's proposal poses a chilling effect on innovation in patient care while stifling the promise of personalized medicine."

January 2009

Personalized Medicine: Disease Predisposition Profiling



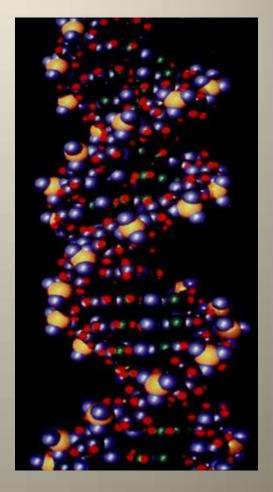














Nature Genetics (2008) 40, 955

Genome-wide association defines more than 30 distinct susceptibility loci for Crohn's disease

Jeffrey C Barrett*1, Sarah Hansoul², Dan L Nicolae³, Judy H Cho⁴, Richard H Duerr⁵,⁶, John D Rioux⁻,⁶, Steven R Brant⁵,¹0, Mark S Silverberg¹¹¹, Kent D Taylor¹², M Michael Barmada⁶, Alain Bitton¹³, Themistocles Dassopoulos⁶, Lisa Wu Datta⁶, Todd Green⁶, Anne M Griffiths¹⁴, Emily O Kistner¹⁵, Michael T Murtha⁴, Miguel D Regueiro⁶, Jerome I Rotter¹², L Philip Schumm¹⁶, A Hillary Steinhart¹¹, Stephan R Targan¹², Ramnik J Xavier¹⁶, the NIDDK IBD Genetics Consortium³³, Cécile Libioulle², Cynthia Sandor², Mark Lathrop¹⁷, Jacques Belaiche¹⁶, Olivier Dewit¹⁰, Ivo Gut¹⁷, Simon Heath¹⁷, Debby Laukens²⁰, Myriam Mni², Paul Rutgeerts²¹, André Van Gossum²², Diana Zelenika¹⁷, Denis Franchimont²², Jean-Pierre Hugot²³, Martine de Vos²⁰, Severine Vermeire²¹, Edouard Louis¹⁶, the Belgian-French IBD Consortium³³, the Wellcome Trust Case Control Consortium³³,⁴, Lon R Cardon¹, Carl A Anderson¹, Hazel Drummond²⁴, Elaine Nimmo²⁴, Tariq Ahmad²⁵, Natalie J Prescott²⁶, Clive M Onnie²⁶, Sheila A Fisher²⁶, Jonathan Marchini²⁷, Jilur Ghori²⁶, Suzannah Bumpstead²⁶, Rhian Gwilliam²⁶, Mark Tremelling²ց⁰, Panos Deloukas²⁶, John Mansfield³⁰, Derek Jewell³¹, Jack Satsangi²⁴, Christopher G Mathew²⁶, Miles Parkes²⁰, Michel Georges² & Mark J Daly⁶,³3²

Several risk factors for Crohn's disease have been identified in recent genome-wide association studies. To advance gene discovery further, we combined data from three studies on Crohn's disease (a total of 3,230 cases and 4,829 controls) and carried out replication in 3,664 independent cases with a mixture of population-based and family-based controls. The results strongly confirm 11 previously reported loci and provide genome-wide significant evidence for 21 additional loci, including the regions containing *STAT3*, *JAK2*, *ICOSLG*, *CDKAL1* and *ITLN1*. The expanded molecular understanding of the basis of this disease offers promise for informed therapeutic development.

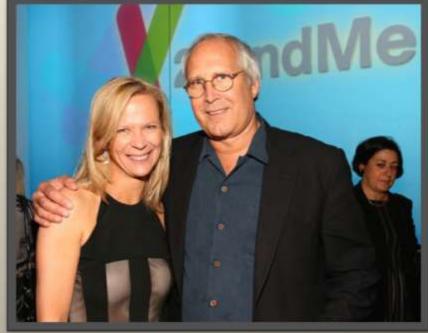
Disease Predisposition Risk Profiling for Common, Multigenic Late-Onset Disorders

- slower evolution than many predict
- Genome-Wide Association Studies (GWAS)
 - high cost, complexity and poor replication
 - multiple low penetrance alleles
- substantial ambiguities regarding probabilistic risk of overt diseases
 - epistasis
 - epigenetics
 - environmental confounders
 - source of poor replication of GWAS studies?

The premature quest to provide consumer genomic testing (CGx) for future risk of major diseases

"Celebrity Spit": 2008 Launch of 23andMe Personal Gene Profiling Service





Your Genes In Context

































TLC-Wellbeing Clinic

Wellbeing through Science, Nutrition and TLC.

Est. 1987. Treating Clients in over 100 Countries.







Consumer Genomics: Predisposition Risk Profiling for Late Onset, Multigenic Diseases

- validity of claimed gene-disease associations
- communication of probabilistic risk
- health literacy and consumer response to 'risk' information
- effectiveness in motivating health improvements
- role of MD and/or genetic counselors in request/interpretation of test in varied care settings
- psychological impact on future behavior and knowledge of familial implications

Molecular Profiling of Disease and Personalized Medicine

A Realistic Strategy for the Delivery of Rational Healthcare?
Or

An Erstwhile Intellectual Pursuit Doomed to be Dashed on the Rocks of Siloed Science, Clinical Conservatism and Commercial Myopia?

Payor Value Propositions Do Not Align with Clinical Value Propositions

Reimbursement for Diagnostic Tests

- inadequate US Medicare coding and payment mechanisms
 - out moded, out-dated, lacking in transparency, inconsistently applied
- inappropriate assignment of existing CPT codes to new tests
- engagement of third party payers who derive economic/clinical value from new Dx

The Imperative for Value-Based Pricing versus

Current Cost-Based Models

Personalized Medicine: Challenges for Clinicians

- sustained awareness of relevant conceptual advances and new products/services
- timing and training for adoption into routine practice
- accurate identification of relevant patients for use of MDx profiling and targeted Rx selection
- understanding payor coverage to ensure appropriate reimbursement
- new malpractice risks

Courses in Medical Genetics in US and Canadian Medical Schools 2004-2005

Characteristics	No. (%) respondents
Type of course	
Stand-alone	52/112 (46)
Integrated	60/112 (54)
Course taught with multiple instructors	
Yes	99/112 (88)
No	12/112 (11)
Unspecified	1/112 (1)
Year of curriculum in which course was ta	ught*
First	86/112 (77)
Second	35/112 (31)
Third	6/112 (5)
Fourth	1/112 (1)
Unspecified	0/112 (0)
Total hours taught in course	
<20	20/112 (18)
20–40	69/112 (62)
41–60	15/112 (13)
>60	5/112 (4)
Unspecified	3/112 (3)
Type of sponsoring unit	
Clinical sciences	55/112 (49)
Basic sciences	32/112 (29)
Multidisciplinary/integrated	19/112 (17)
Other/unspecified	6/112 (5)

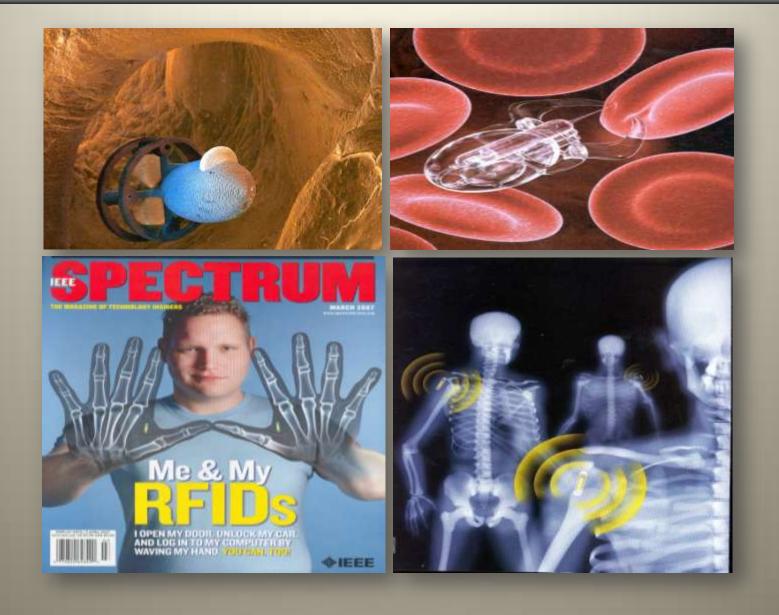
From: V. C. Thurston et al. (2007) Acad. Med. 82, 441

Wellness: A Broader Perspective on Personalized Medicine

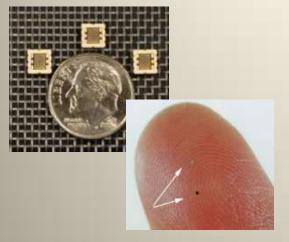
Wellness: A Broader Perspective on Personalized Medicine

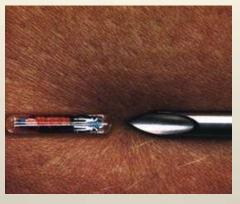
- economic and societal pressures for increased consumer responsibility for wellness
- remote monitoring of individual health status
- crucial role of healthcare information systems
 - integrated Rx care for complex chronic conditions
 - outcomes and comparative effectiveness
 - earlier detection of disease episodes and risk mitigation
- wellness versus illness

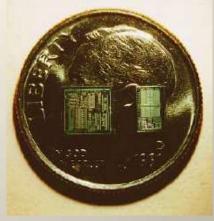
On Body: In Body Sensors/Devices For Real Time and Remote Monitoring of Individual Health Status



OBIBS and Body Area Networks (BAN's) for Remote Monitoring of Health









Microtags

In-Body Wireless Tags Sensor on a Chip

"Savings from broad-band remote monitoring for all chronically ill patients are potentially quite remarkableas much as 30 percent of all hospital, out-patient and drug expenses"

> Robert Litan **Kaufman Foundation December 2005**

cited in: Advancing Healthcare Through Broadband **Internet Innovation Alliance White Paper 2007**

On Body: In Body Sensors and Devices

Objective

 remote monitoring of health status



Applications

- multi-feature monitoring and broadband wireless networks
 - ubiquitous sensing
- enhanced autonomy for in-home aged
- proactive alerting and intervention to mitigate health incidents
- monitoring of patient compliance
- coupled linkage to remote Rx dispensing for efficient disease management

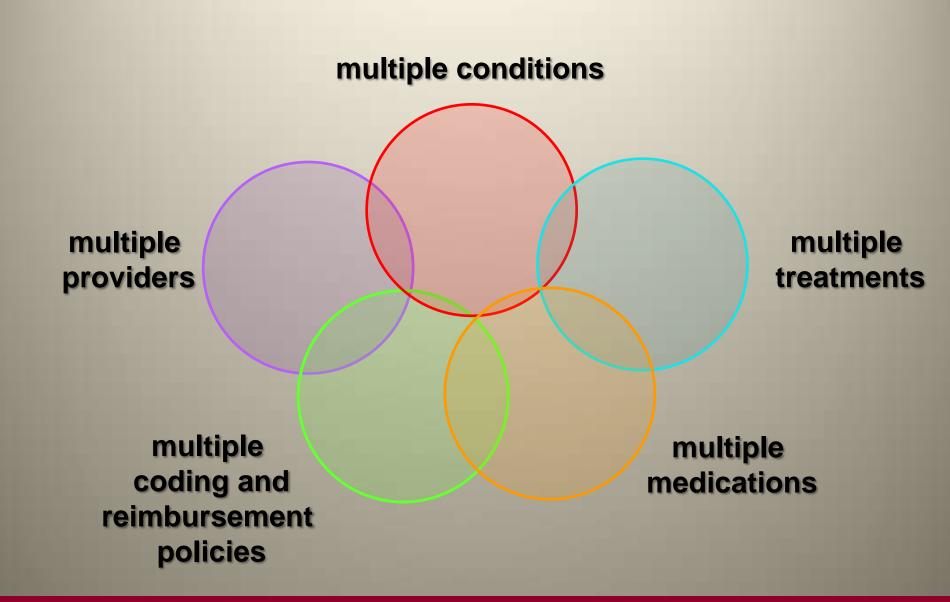
The Costs of Non-Compliance with Rx Regimens





- \$177 billion projected cost
- 20 million workdays/year lost (IHPM)
- 40% of nursing home admissions
- projected 45-75% non-compliance (WHO)
- 50-60% depressed patients (IHPM)
- 50% chronic care Rx (WHO)

Challenges in the Management of Complex Chronic Conditions and Co-Morbidities



Knowledge and Evidence Doesn't Translate easily into New (or Rational) Behaviors

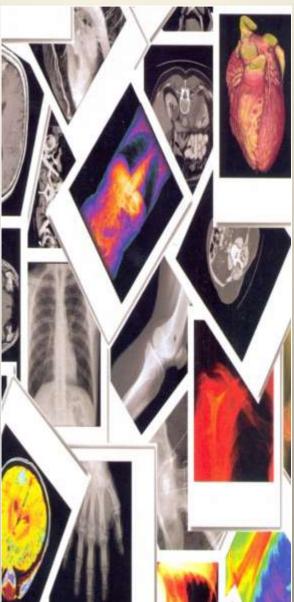
- science (impact is too often unknown or abstract)
- industry (incremental timidity driven by short-term focus on markets and stock valuation)
- payors (cost control)
- physicians and healthcare professionals (status, revenue and recognition)
- patients (unaware and uninvolved in healthcare decisions)
- politicians (populism and short-term fixes)

The Pragmatic Challenge: Who Pays, Who Benefits and Who Decides?

How Much New Technology Can We Afford?



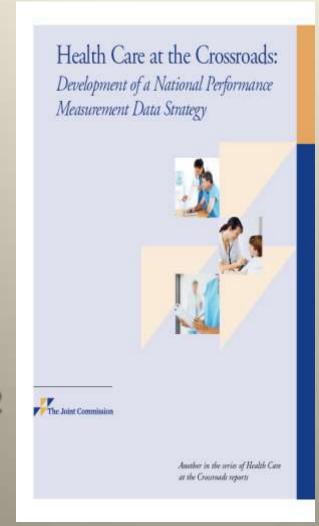


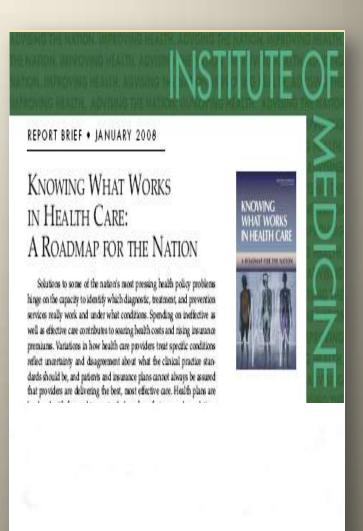




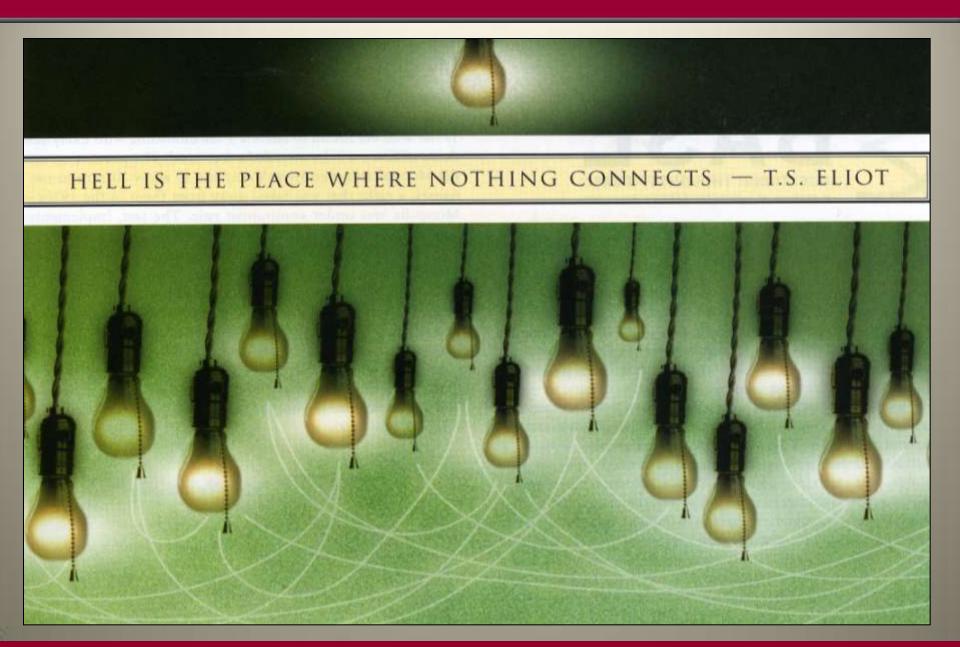
Assessment of New Technology and Outcomes

- \$2.3 trillion healthcare economy
- \$110 billion
 R&D
 investment
- \$0.9 billion on technology assessment
- additional \$1.2
 billion in 2009
 "stimulus"
 package

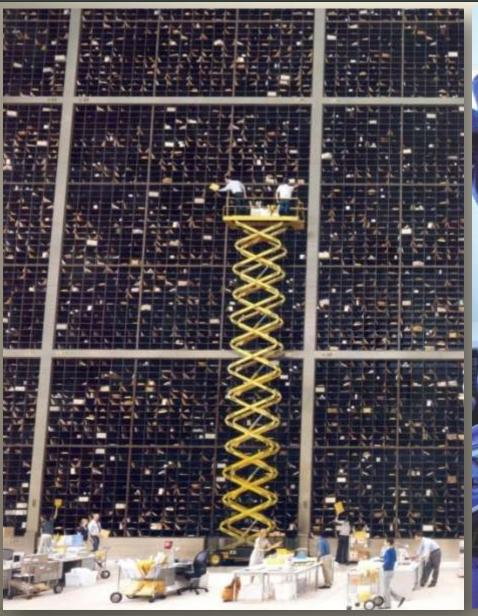




Information-Based Medicine



Healthcare Records: Proliferating Paper and Primitive Electronic Systems





The Unacceptable Cost of Unconnected Healthcare

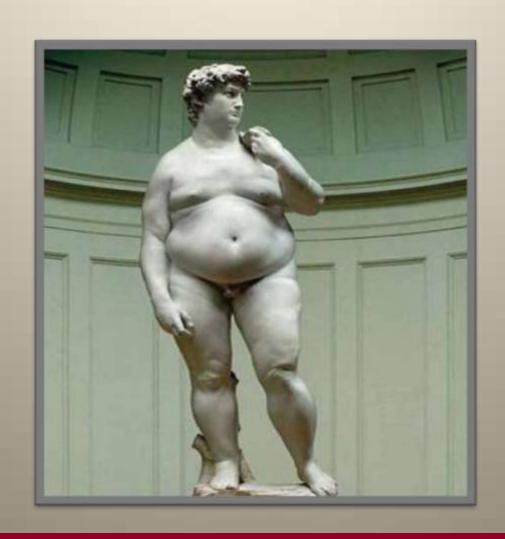
- cultural, fiscal and legal barriers to transformational electronic connectivity achieved by other sectors
- major obstacle to safe and efficient healthcare delivery
 - extravagant waste via excessive duplication of tests/procedures
 - error via lack of crucial data
 - lack of data capture for outcomes analysis and individual physician performance
- failure to capture population-based disease parameters
 - sentinel public health/national security
 - meta-analysis of outcomes
 - drug and device safety and recall

Consumer Directed Healthcare Plans

"Until the person receiving the product is responsible in some fashion for the costs, there will be no incentive to spend responsibly"

Scott Serota
CEO, BCBS Association of Chicago
Chief Executive Magazine, March 2007 p. 50

After a Short Stay in America, Michelangelo's David Returned to Europe



Personal Medical Records (PMRs)











Promoting Wellness





fitnet



Go-getters







Personalized Medicine: Consumer-Centric Healthcare: A Key Driver

- structural shift in healthcare delivery from encounter-/procedure-driven to incentives for wellness and integrated disease management
- cost-shifting to consumers
- lifestyle and disease risk mitigation
- cost-driven transitions from 'passive patient' to 'engaged consumer'
- new information intermediaries

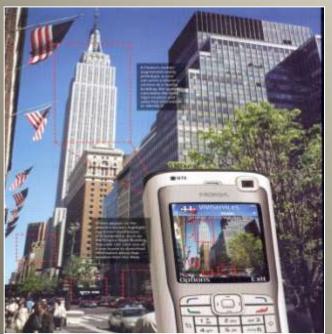
Telecommunications and Media Industry Convergence: Implications for Healthcare

The Infocosm: Emerging Networks of Global Connectivity





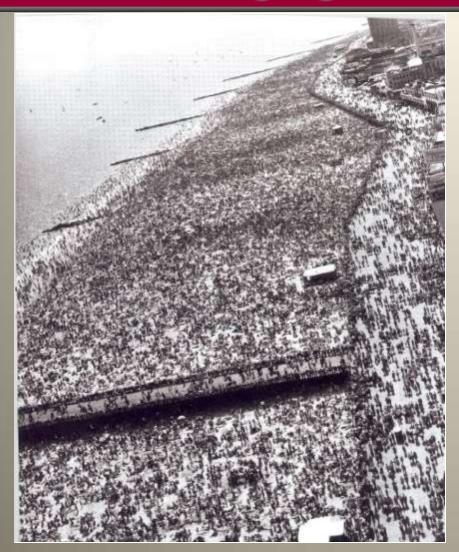








Herd Behavior 1951: The Changing Nature of Social Interaction



1.3 Million Bathers, Coney Island



Herd Behavior: 2009
Social Networks and Virtual
Communities

Consumer-Directed Healthcare: The Wellness Premium

- leveraging social and peer networks
- increased role of fitness industry and entertainment in healthcare
 - "success via distraction"
- "virtual touch"
 - web-based consultation and diagnostic algorithms
 - emerging generational gap in need for direct physical interaction with physician
- evolution of 'near-patient' health status profiling
 - POC and in-home Dx
 - OBIBs

In-Home Health Connection: Engaging the Elderly



The Dominant Future Element in Primary Healthcare Delivery???











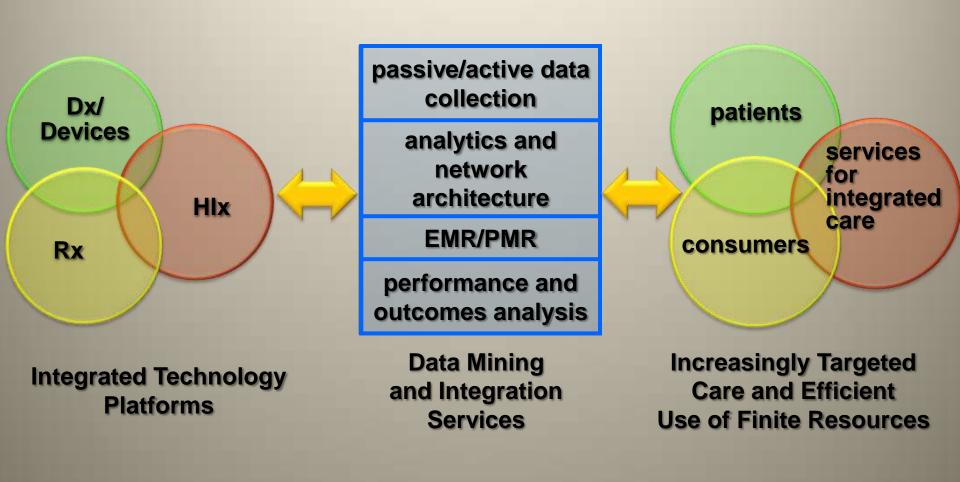




Healthcare Information Networks: AORTA: Always On Real Time Access

- end-to-end continuity in use of internet and wireless technologies
- from routine remote monitoring of health status to advanced critical care
 - comprehensive connectivity plus
 - collapsing time plus
 - global networks

A New Healthcare Ecosystem Arising From Technology Convergence



Personalized Medicine: Progressive Evolution Based on Increasingly Comprehensive Profiling of Disease Risk and Health Status

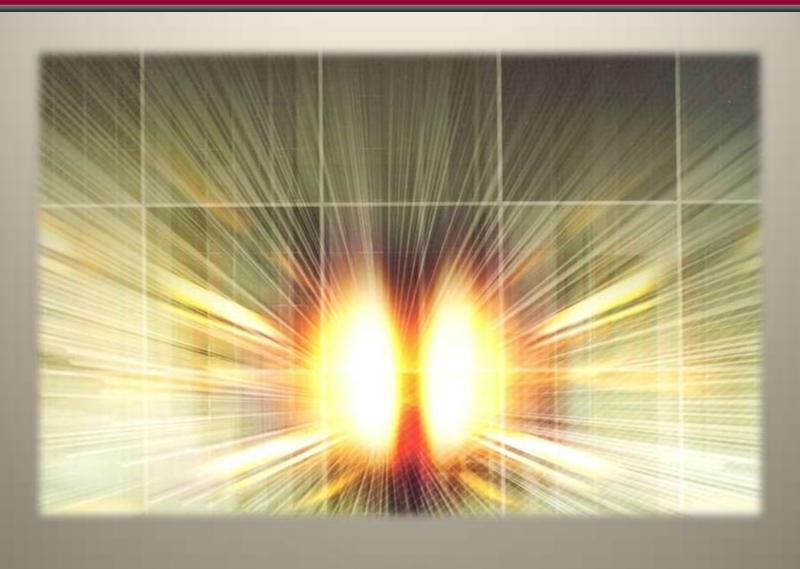
Targeted Care

Personalized Care

Individualized Care

- rational Rx based on profiling of underlying molecular pathology
- MDx and disease subtyping
- rational Rx based on comprehensive molecular profiling of individuals
 - disease subtypes and optimum Rx
 - Rx AE risk
 - disease predisposition risk and mitigation
- integrated framework of longitudinal data on individual health status
- real time remote health status monitoring
- transition to disease prediction and preemption

The Coming Convergence in Healthcare Delivery



The Coming Convergence in Healthcare Delivery

Technologies

biotechnology, medicine, engineering, computing

Clinical Practice

- molecular medicine and increasingly customized care
- diagnostic, drug and device combinations
- POC testing and remote monitoring
- reduced error and improved compliance
- improved clinical and economic outcomes

Realigned Incentives

- integrated care for complex chronic diseases
- earlier disease detection and risk reduction
- wellness versus illness
- health status monitoring

The Coming Convergence in Healthcare Delivery

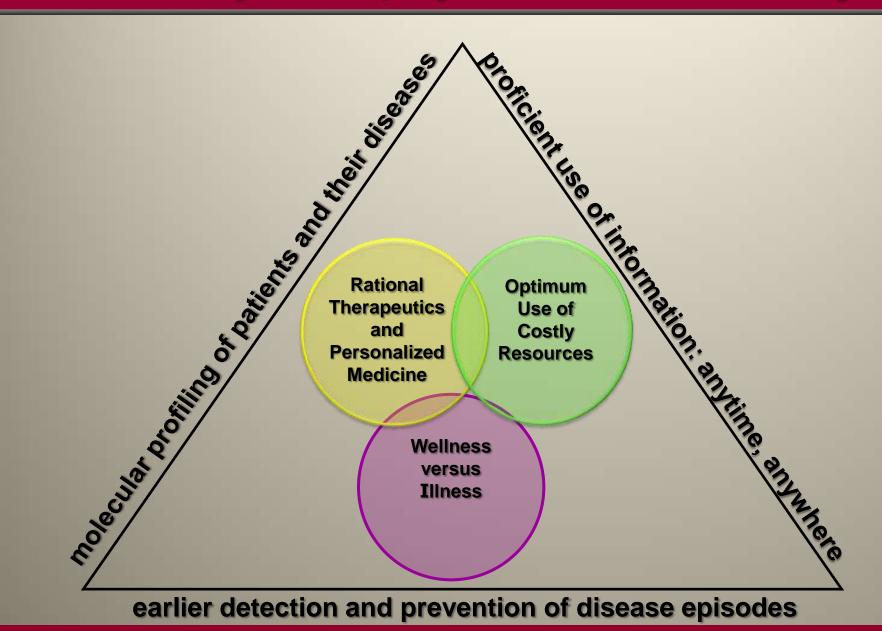
Consumers

- increased personal responsibility for health
- new incentives for wellness/compliance
- health status monitoring

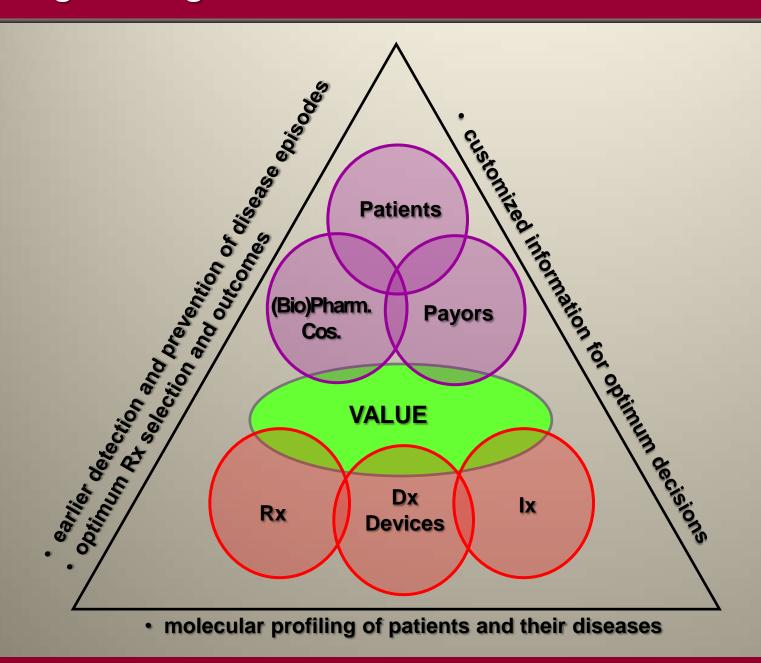
Connectivity

- integrated care networks for chronic disease
- improved outcomes and effectiveness
- social networks and informed consumers
- new supplier networks of specialized turnkey expertise
- value added 'content' services for clinical data mining

The Urgent Imperative for New Drivers of Efficiency and Equity in Healthcare Delivery



Building an Integrated Framework for Personalized Medicine





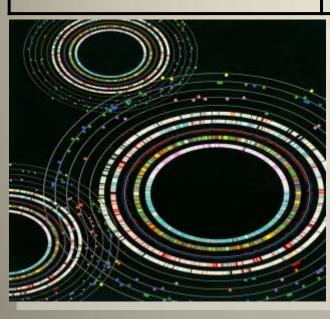
Complex Adaptive Systems:

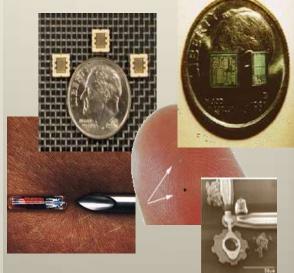
Mapping Information Flow in Dynamic Networks

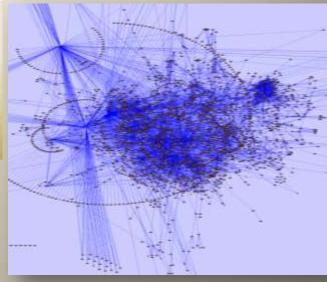
Synthetic Biology

Ubiquitous Sensing

CAS Modeling and Simulation







 Engineering of Biological Networks Remote Monitoring for Healthcare

Advanced Medical
 Diagnostics and
 Healthcare
 Information Systems

A New Industrial Ecology

Early Detection of Adverse Trends

Predict and Prevent Disease