

# The "Garbage In" Problem in Cancer Research

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CMO, National Biomarker Development Alliance

CMO, Complex Adaptive Systems Institute

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# Disclosure Information AACR Annual Meeting 2015 Carolyn Compton, MD, PhD

I have the following financial relationships to disclose: Consultant for Indiuvmed Board of Directors of HealthTell

- and -

I will not discuss off label use and/or investigational use in my presentation.



# Disappearing Line Of Demarcation Between Biomarker Discovery, Development And Clinical Use

Molecular Data

Clinical Care / Research

Diagnosis / Therapy

New Diagnostics New Therapeutics

DETERMINES QUALITY HERE



PRECISION MEDICINE



Biospecimen Collection

Biospecimen Analysis

**QUALITY HERE** 

Biospecimen Processing and Stabilization

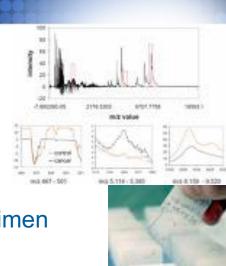
# Biospecimen Quality Impacts Both Clinical And Research Outcomes

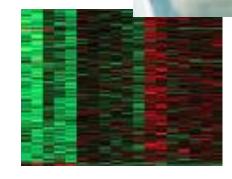
#### **Effects on Clinical Outcomes**

- Potential for incorrect diagnosis
- Potential for incorrect treatment
  - Therapy linked to diagnostic test on a biospecimen

#### **Effects on Research Outcomes**

- Irreproducible results
  - Variation in mutation data
  - Variation in gene expression data
- Misinterpretation of artifacts as biomarkers







## Science has lost its way, at a big cost to humanity

Researchers are rewarded for splashy findings, not for double-checking accuracy. So many scientists looking for cures to diseases have been building on ideas that aren't even true.

Los Angeles Times, October 27, 2013



Amgen attempts to verify results of 53 landmark studies in oncology and hematology;
Only 6 (11%) could be reproduced.

Nature 483, 531-533 doi:10.1038/483531a, 2012



A few years ago, scientists at Amgen set out to double-check the results of 53 landmark papers in cancer research and blood biology. Only six could be proved valid. Above is an Amgen building in Thousand Oaks. (Anne Cusack, Los Angeles Times / April 25, 2013)



## **Irreproducibility in Biomedical Research:** A Crisis in Confidence (Public View)



World politics

Business & finance Economics Science & technology Culture

#### Unreliable research

#### Trouble at the lab

Scientists like to think of science as self-correcting. To an alarming degree, it is not







#### Why Most Published Research Findings Are False

John P. A. Ioannidis

Published: August 30, 2005 • DOI: 10.1371/journal.pmed.0020124

#### Abstract

#### Summary

There is increasing concern that most current published research findings are false. The probability that a research claim is true may depend on study power and bias, the number of other studies on the same question, and, importantly, the ratio of true to no relationships among the relationships probed in each scientific field. In this framework, a research finding is less likely to be true when the studies conducted in a field are smaller; when effect sizes are smaller; when there is a greater number and lesser preselection of tested relationships; where there is greater flexibility in designs, definitions, outcomes, and analytical modes; when there is greater financial and other interest and prejudice; and when more teams are involved in a scientific field in chase of statistical significance. Simulations show that for most study designs and settings, it is more likely for a research claim to be false than true. Moreover, for many current scientific fields, claimed research findings may often be simply accurate measures of the prevailing bias. In this essay, I discuss the implications of these problems for the conduct and interpretation of research.

## THE NEW YORKER

#### THE TRUTH WEARS OFF

*Is there something wrong with the scientific method?* BY JONAH LEHRER

**DECEMBER 13, 2010** 

n September 18, 2007, a few dozen neuroscientists, psychiatrists, and drug-company executives gathered in a hotel conference room in Brussels to hear some startling news. It had to do with a class of drugs known as atypical or second-generation antipsychotics, which came on the market in the early nineties. The drugs, sold under brand names such as Abilify, Seroquel, and Zyprexa, had been tested on schizophrenics in several large clinical trials, all of which had demonstrated a dramatic decrease in the subjects' psychiatric symptoms. As a result, secondgeneration antipsychotics had become one of the fastestgrowing and most profitable pharmaceutical classes. By



Many results that are rigorously proved and accepted start shrinking in later studies.

2001, Eli Lilly's Zyprexa was generating more revenue than Prozac. It remains the company's topselling drug.

# How Widespread Are Failures to Reproduce Published Reports?

- Mass spec diagnostic for ovarian cancer results due to experimental artifact and bias – control and experimental specimens collected differently and run separately (Lancet, 2002)
- Five of 7 largest molecular epidemiology cancer studies did not classify patients better than chance (JNCI, 96:2004)
- Microarray drug sensitivity signatures from cell lines to predict patient response (named one of top100 breakthroughs in 2006) could not be reproduced in large clinical trial in 2009 (Nature Medicine, 2006)
- Assessment of 18 published microarray studies: 2 were reproducible (Science, 2011)
- Bayer Healthcare reported reproducibility rates of 25% in its attempt to reproduce discovery research (*Nature Reviews Drug Discovery* 10, 712 doi:10.1038/nrd3439-c1, 2011)

National Biomarker Development Alliance

## Quality Analytical Data Begins with Quality Analytes





Diamonds in...

Modified from Jerry Thomas



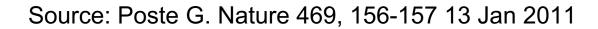
## **Biomarker Development: What's the Problem Here?**

Estimated number of papers documenting thousands of claimed biomarkers

150,000

100

Estimated number of biomarkers routinely used in the clinic





## No Biomarkers, No Precision Oncology

Biomarker: A measurable characteristic used as an indicator of a biological state or condition

- Drug development markers of efficacy, toxicity and surrogate endpoints for clinical trials
- Early detection (broad or specific detection/ corroboration of specific disease stage)
- Rational choice of treatments (patient stratification)
- Assessment of treatment effectiveness
- Prognosis, prediction
- Prevention, surveillance
- Treatment, disease monitoring



# Sources Of Bias In Molecular Marker Research In Cancer - Ransohoff and Gourlay, 2010

## JOURNAL OF CLINICAL ONCOLOGY

Official Journal of the American Society of Clinical Oncology

Table 1. Sources and "Locations" of Bias in Marker Research				
	Location of Bias: Before or After Specimens Are Received in the Laboratory			
Source of Bias	Before	After	Example	
Features of subjects, determined in selection:  Age Sex Comorbid conditions Medications	х		Cancer subjects are male, whereas control subjects are mainly female.  Bias: Assay results may depend on sex.	
Specimen collection	X		Cancer specimens come from one clinic, whereas controls come from a different clinic.  Bias: Assay results may depend on conditions that differ between clinics.	
Specimen storage and handling	х	Х	Cancer specimens are stored for 10 years because it takes longer to collect them, whereas control specimens are collected and stored over 1 year. Bias: Assay results may vary with duration of storage, or with different numbers of thaw-freeze cycles.	
Specimen analysis		Х	Cancer specimens are run on one day, whereas control specimens are run on a different day.  Bias: Assay results may depend on day of analysis in a machine that "wanders" over time.	
NOTE. The table shows examples of different sources of bias and the location of the bias before or after specimens are received in the laboratory. The list is not				

NOTE. The table shows examples of different sources of bias and the location of the bias before or after specimens are received in the laboratory. The list is not exhaustive; other biases may be important, and the biases listed may or may not be important in any given research study, depending on details of biology and technology (i.e., what is being measured and how it might be influenced).

# The Vision Of Precision Oncology Cannot Be Realized Without Biomarkers

#### **Biomarker**

- A measurable characteristic serving as an indicator of a biological state or condition
- Most often measured from biospecimens
- Required characteristics:
  - Quantifiable
  - Reproducible
  - Clinically relevant

All of these can be distorted by *pre-analytical* variation



# Pervasive Standards Deficits Contribute to the Lack of Progress in Biomarker Development

- Poor access to rigorously annotated, fit-for-purpose biospecimens from stringently phenotyped sources
- Insufficient control of pre-analytical parameters
- Low reproducibility of academic publications
- Variable analytical standards
- Idiosyncratic 'lab-specific' analytical methods
- Small studies lacking statistical power
- Chaotic data reporting formats and poor database interoperability
- Poor compliance with journal policies on reporting standards
- Non-existent quality management systems

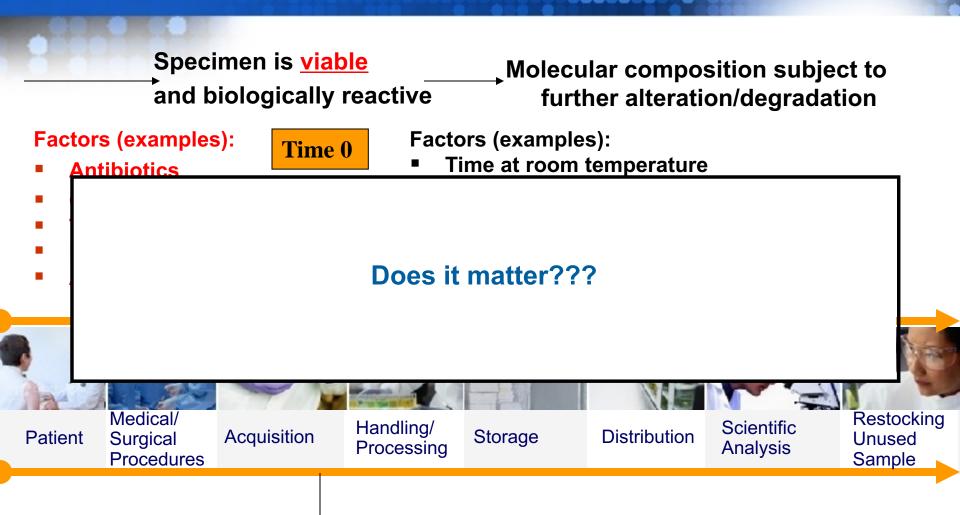


## What Defines Biospecimen "Quality"?

- Requirements for biospecimen quality are related to:
  - The stringency of the analysis to be performed
  - The requirements of the specific platform used
  - The lability/stability of the molecular species to be analyzed



# Pre-analytical Factors Affect Both Molecular Quality And Molecular Composition



**Pre-acquisition** 

**Post-acquisition** 



## Pre-analytical Variables: Impact On Biospecimen Quality And Test Results

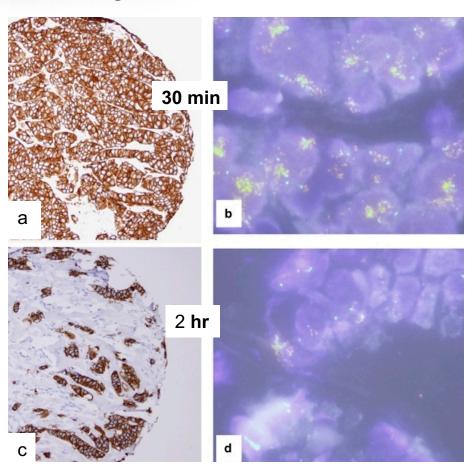
#### The facts:

- Between 32 and 75% of all laboratory test errors occur in the pre-analytical phase
- Insufficient specimen quality (or quantity) may account for over60% of pre-analytical errors
- Genomic tests are not exempt from this issue
- Lippi et al. Clin Chem 2006; 52:1442.
- Stankovic et al. Clinics in Lab Med 2008; 28: 339-350.

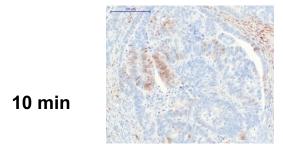


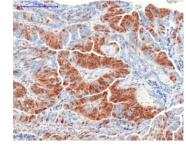
## Pre-analytical Variables: Impact on Test Results

#### HER2 IHC and FISH in Breast Cancer: Loss of Signal with Time to Fixation



# pMAPK IHC of Colon Cancer : Gain of Signal with Time to Fixation

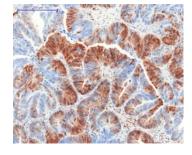






60 min

20 min



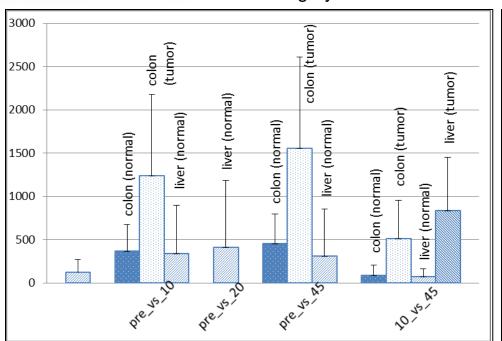
Khoury T, et al., Mod Pathol. 2009 Nov;22(11):1457-67

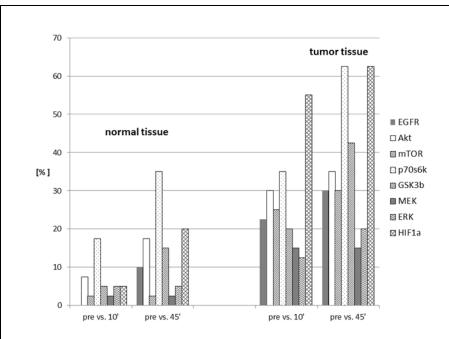
Hartmut Juhl, Indivumed GmbH, BRN

# Pre-analytical Variables: Surgery and Pathology Contributions

Number of Genes Showing
>2-Fold Change in Expression Level
Pre vs. Post Surgery

Percentage of Patients with >2-Fold Change in Selected Protein Expression Level Pre vs. Post Surgery





Expression of >15% of genes and up 60% of selected proteins change >2-fold during surgery and postsurgical processing time



## **Blood Collection And Plasma Processing: Circulating Genomic Biomarkers And Tumor Cell**



Collection **Tubes and Order of** draw



**Processing** Procedure. **Temperatur** and Time







**Blood Draw Procedure** 



**Distribution** & Storage



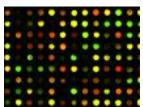








Molecular **Analysis** 







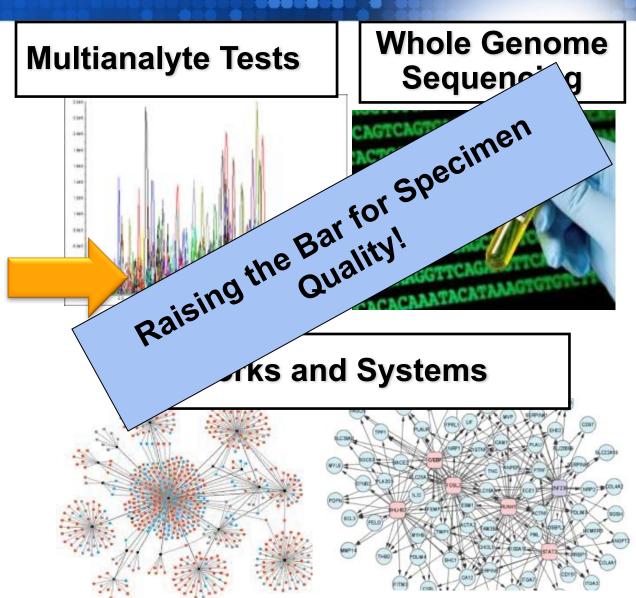
# Plasma Biomarkers: Pre-analytical Variations With Known Effects On Analyte Assays

Procedure	Variations
Venipuncture	Needle gauge Priming volumes
Phlebotomy	Patient position (seated /reclining) Tourniquet time Tube orders Venipuncture sites
Collection device	Tube types
Blood derivatives and processing	Anticoagulant types Temperatures Centrifugation speeds Processing time
Time between collection and storage	Variable or unknown times
Storage and shipping	Temperature Duration National Biomarker Development Alliance

## **Evolution Of Biomarker Testing In The "Omics Era"**







## **Powerful Tools: Powerful Risks**

- The technological capacity exists to produce low-quality data from low-quality analytes with unprecedented efficiency
- We now have the ability to get the wrong answers with unprecedented speed
- Starting materials of known, consistent quality are required to assure analysis data of known, consistent quality



# NGS Is One Of Those Powerful Tools Moving Rapidly Into Clinical Application

- Rational choice of treatments (patient stratification)
- Assessment of treatment effectiveness / disease evolution
- Treatment/disease monitoring
- Risk assessment
- Prognosis (outcome)
- Early detection



# Genomics and Proteomics Are Only Part of the Equation - Complexity Is Increasing



Biospecimens and Analysis of Molecular Pathway/ Network Perturbations Multiplex Assays and Complex Signal Deconvolution Algorithms Novel
Instrumentation,
Automation
and
Large Scale
Informatics

Patient
Profiling,
Rational Rx
and
Health
Monitoring

**Courtesy of G. Poste** 

# NBDA: Understanding The Issues - Building Towards Solutions

The National Biomarker Development Alliance (NBDA)\* Workshop



JW Marriott Scottsdale 5402 East Lincoln Drive

> Hosted by Th Founding Alliance Partners Collabora

# The National Development Allia Worksh "Biomarker Discovery or Uncharted Development Allia Worksh "Biomarker Discovery or Uncharted Development Allia Worksh

The Royal Palms Re 5200 East Camelback Road, Pho Phone: 1-602-840-3610 Fa

\*Mission of the NBDA: to Enable the design of a standards-based "end-to-end" syst



www.royali



National Biomarker

## **NBDA WORKSHOP V**

"Rethinking and Redesigning (and/or Realigning) Biomarker Discovery"



#### July 14-15, 2014

#### THE PHOENICIAN

A Luxury Collection Resort 6000 East Camelback Road Scottsdale, AZ 85251 www.thephoenician.com

## NBDA: Realizing an End-To-End, Standards-Based Approach to Biomarker Development

Early
Discovery
(Biology Verified
Patient
Samples)

Translatable
Discovery
(Clinical Measure
Established)

Assay
Development
(Analyte ReagentsTechnology Robust)

Assay
Performance
(Analytical
Validation)

Biomarker Qualification ("Fit for Clinical Purpose)

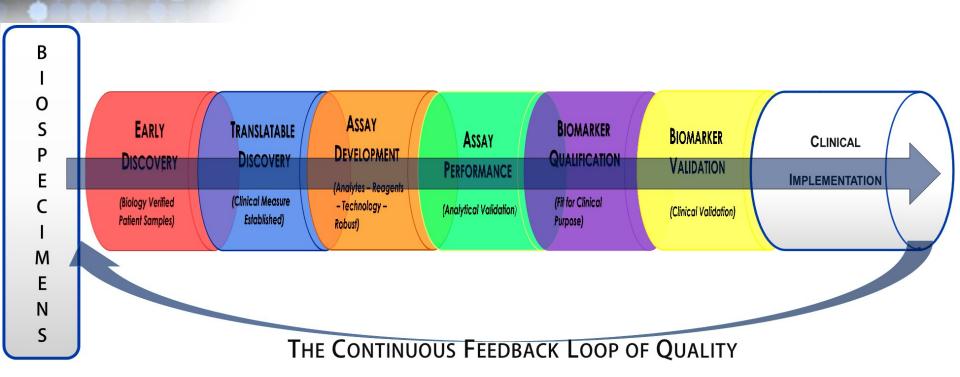
Biomarker Validation (Clinical Validation)



Standards are needed at every step and across the continuum



# Biospecimens Flank End-To- End Biomarker Development





# Stakeholders Are Both Part of the Solution and Beneficiaries of the Solution

- Academic discovery scientists
- Clinical investigators
- Inductory (pharma, biotech, diagnostics)
- CROs
- Clinicians
- Regulators
- Accreditation organizations
- Payors
- Patients
- Better science, greater efficiency, cost savings, better medicine –
   because there are patients waiting





# NBDA Convergence Conferences Focused On Biospecimens For Molecular Analysis

#### The goal:

- Converge on the pre-analytical steps of the biospecimen lifecycle that most compromise the quality of tissue and blood for NGS and mass spec
  - "Top 10 List"
- •Identify where the greatest value can be delivered in the control of pre-analytical variation (biggest quality bang for the buck)
  - "Top 3 List"
- Define the performance metrics required to achieve control of the highest-value variables
- Define a cost-effective strategy for implementation and compliance with those metrics



# NBDA Genomics Convergence Conference Focused On Biospecimens For NGS



Think: Pareto Principle (20/80 rule)

For many events 80% of the effects come from 20% of the cause



## **Top 5 List**

#### 1. Time to stabilization

Tissue: Fixation within 1 hour Blood: N/A to blood extraction

## 2. Method of processing

**Tissue: Time in formalin 6-24 hours** 

- Section thickness < 3 mm

Blood: Room temp (15-25°C)

- Maintained in transport

#### 3. Method of stabilization

**Tissue: Standardize formalin and** 

tissue - fixative volume ratio

**Blood: 3 tubes: RNA, DNA** 

optional specialty tube

- Minimum 10 inversions

#### 4. Metadata collected

**Tissue: Time to fixation** 

**Deviations** 

**Fixative QC** 

**Blood: Site (vein or line)** 

**Tourniquet** 

**Draw order** 

Volume of tube fill

### **5. Storage conditions**

Tissue blocks: room temp (15-

25° C)

Blood analytes -80° C



## **The CAP Isoving Ahead**

#### Goal:

- Implementation of the Top 5 through the College of American Pathologists (CAP) Laboratory Accreditation Program checklists
- New reimbursements codes sought, if needed
- Reinforcement through FDA guidance, funder requirements, etc.

#### **Next steps:**

- MOU between the NBDA and the CAP in process
- Personalized Healthcare Committee (PHC) of CAP begins education and implementation through the CAP Laboratory Accreditation Program
- PHC further develops, refines and updates key pre-analytics



#### **Envisioned Result**

Historic transformation of practice with far-reaching impact:

- Variably variable and unknown quality to uniform, known quality that is consistent with molecular analysis
- Simultaneous impact on both clinical and research results
- "Convenience samples" will be fit for purpose!



# If Your Research Involves Human Biospecimens, Think Sample Quality

"If you don't have the time to do it right, when will you have the time to do it over?"

- John Wooden, Coach UCLA





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